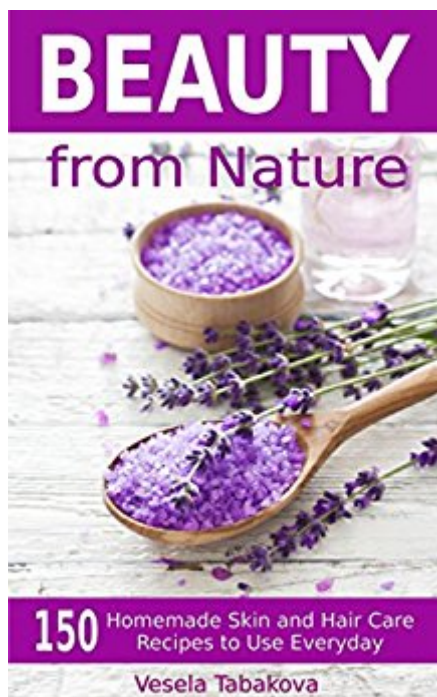


The book was found

Beauty From Nature: 150 Simple Homemade Skin And Hair Care Recipes To Use Everyday: Organic Beauty On A Budget (Herbal And Natural Remedies For Healhty Skin Care Book 3)



Synopsis

Best Kept Secrets for Beautiful Hair and Radiant Skin! Learn insider secrets for making your own organic and natural skincare, hair care, and spa products. This book contains 150 easy to follow skin and hair care recipes based on traditional beauty wisdom, as well as almost all the herbal remedies, treatments and centuries-old tips that can help you create your own face and body scrubs, lotions, cleansers, toners, masks, hair shampoos and treatments. All recipes can be prepared easily at home using only natural, easily available ingredients. All skin and hair products featured in this book are fantastic alternatives to commercial cosmetic products and have the very important advantage of being both completely natural and providing excellent results.

Book Information

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Customer Reviews

If you need to see what works for your skin and hair, it is best to test various things. This book has a huge collection of different recipes and practical information. I love finding healthy, fun ways to care

for my skin, and at the same time keep more money in my pocket. Very, very affordable skin and hair care without the extra chemicals.

This is a great book of recipes to have. The only reason I gave 4 stars instead of 5 is because I would have liked for the author to explain why certain ingredients were chosen for each recipe. For instance, is this face mask for someone with oily skin, or is that body scrub good for aging skin, etc. This book is better suited for someone who is already knowledgeable of the benefits of certain herbs or someone like me who has a few books on herbs to refer to. But overall, this is a good collection of recipes to have on hand.

Haven't used it yet with the holidays but looking forward to getting into it

This book is very informative and I have enjoyed it thoroughly.

this e-book was ok

Great book. Great recipes. Glad I added it to my collection. :)

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